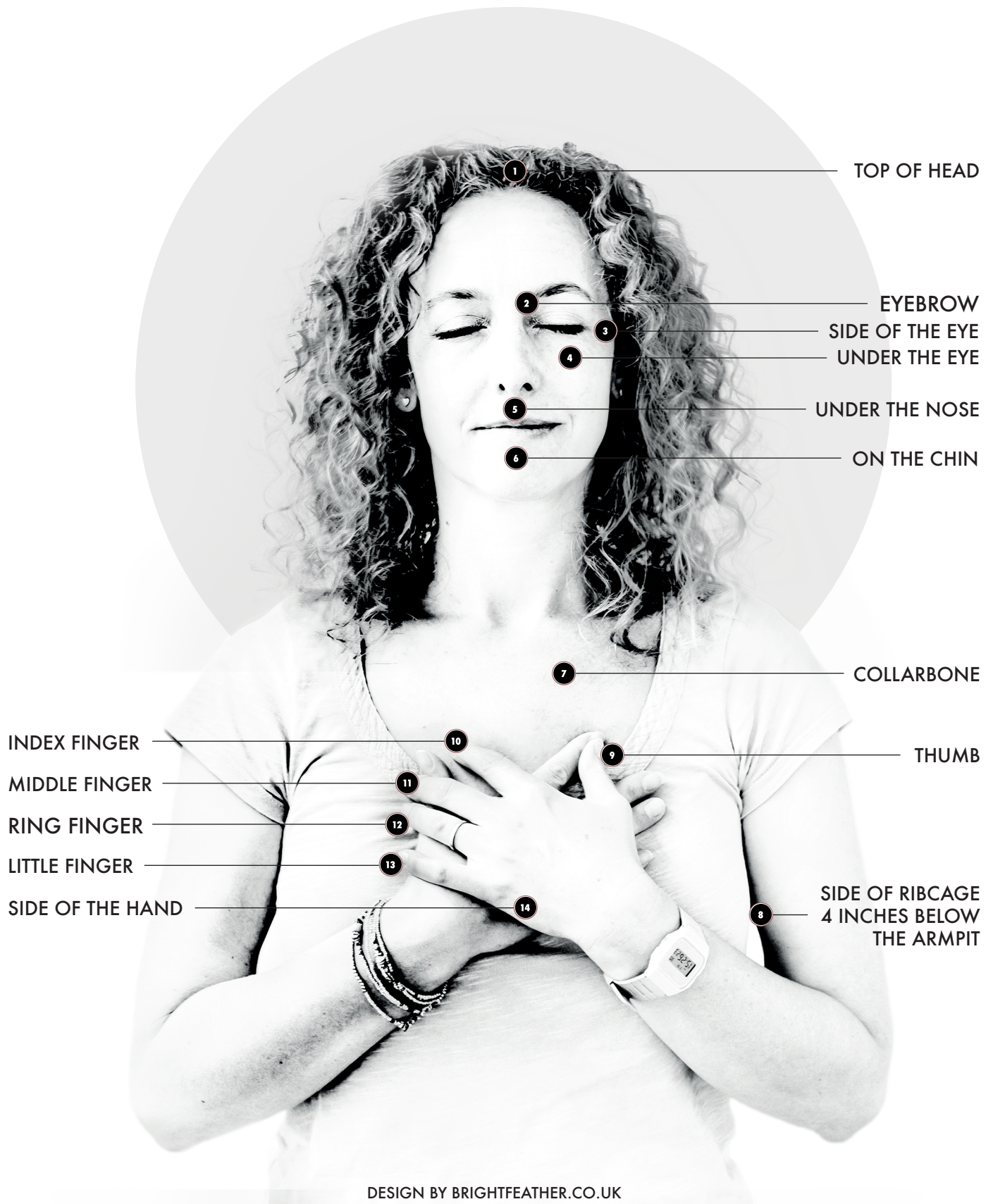


EFT TAPPING POINTS

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PLACE YOUR HANDS OVER YOUR HEART AND TAKE THREE DEEP BREATHS
TAP THROUGH THE POINTS STARTING AT TOP OF THE HEAD



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